

New Patient Appointment Instructions

- Appointment arrival time:
 - O You must arrive 30 minutes before your scheduled appointment time if your new patient paperwork is **NOT** filled out ahead of time
 - You must arrive <u>15 minutes</u> before your scheduled appointment time if your new patient paperwork **IS** filled out
- What to expect:
 - Your appointment will last approximately <u>2 hours</u>
 - o The first hour will consist of an ultrasound of both of your legs
 - o The second hour will consist of a consultation with one of our providers
- Things to AVOID before your appointment:
 - o Do not wear compression stockings the day of your appointment
 - o Please do not apply lotion the day of your appointment
 - o Please avoid bringing children to your appointment
- Things to DO before your appointment
 - o Drink plenty of water and be well hydrated
 - o If you have had previous venous treatment, please bring records with you.
 - o Please bring a list of all medications and dosages